

All You Need is Love

Peace, Love & Stitch-A-Long - Block 3

12" x 12" finished block

Fabrics

- 12-1/2" x 12-1/2" piece of turquoise woven cotton for background
- 9-1/2" x 10-1/2" piece of bright pink wool for heart applique
- 2" x 3" piece of lavender wool for L
- 3" x 5-1/4" piece of white wool for the daisy and small heart
- 3" x 4-1/2" piece of lime green wool for V and leaves
- 1-1/2" x 1-1/2" piece of yellow wool for center of daisy
- 2-1/2" x 3" piece of dark turquoise wool for E
- 2" x 2-1/2" piece of orange wool for paisley

Threads

- WonderFil EZM24 size 5 variegated pearl cotton for stitching outside edge of large heart and French knots
- WonderFil wool threads:
 - EN59 Dogwood Rose
 - EN50 Parchment
 - EN34 Sun Yellow
 - EN13 Electric Lime
 - EN18 Lagoon
- Valdani O12-Sunshine Glory for French knots on daisy center



HOLLY HILL

Quilt Designs

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by Mary Jane Carey

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Background fabric

- Cut size of the background fabric is 12-1/2" x 12-1/2".

NOTE: I usually cut my background fabric larger then cut it to size after the applique and embroidery is complete.

Applique

Applique in the following order

1. Large heart - Cut 1 of Template A. Center the heart in the middle of your background fabric and sew it down using a lazy daisy "chain" stitch. Basically it is a lazy daisy stitch running one lazy daisy stitch outside the edge of the heart then doing one lazy daisy stitch inside the edge and then continuing upwards. Start at the bottom point of the heart and go up one side to the middle of the top where it points inwards. Repeat for the other side. Don't worry if your daisy stitches aren't all the same length or even not quite the same angle. I just stitched and had fun. I gave myself a license to be "free" and not perfect.

For the letters (L, V & E) and the (O) daisy - Refer to the cover picture and lay them out on your background fabric and pin in place before you start stitching

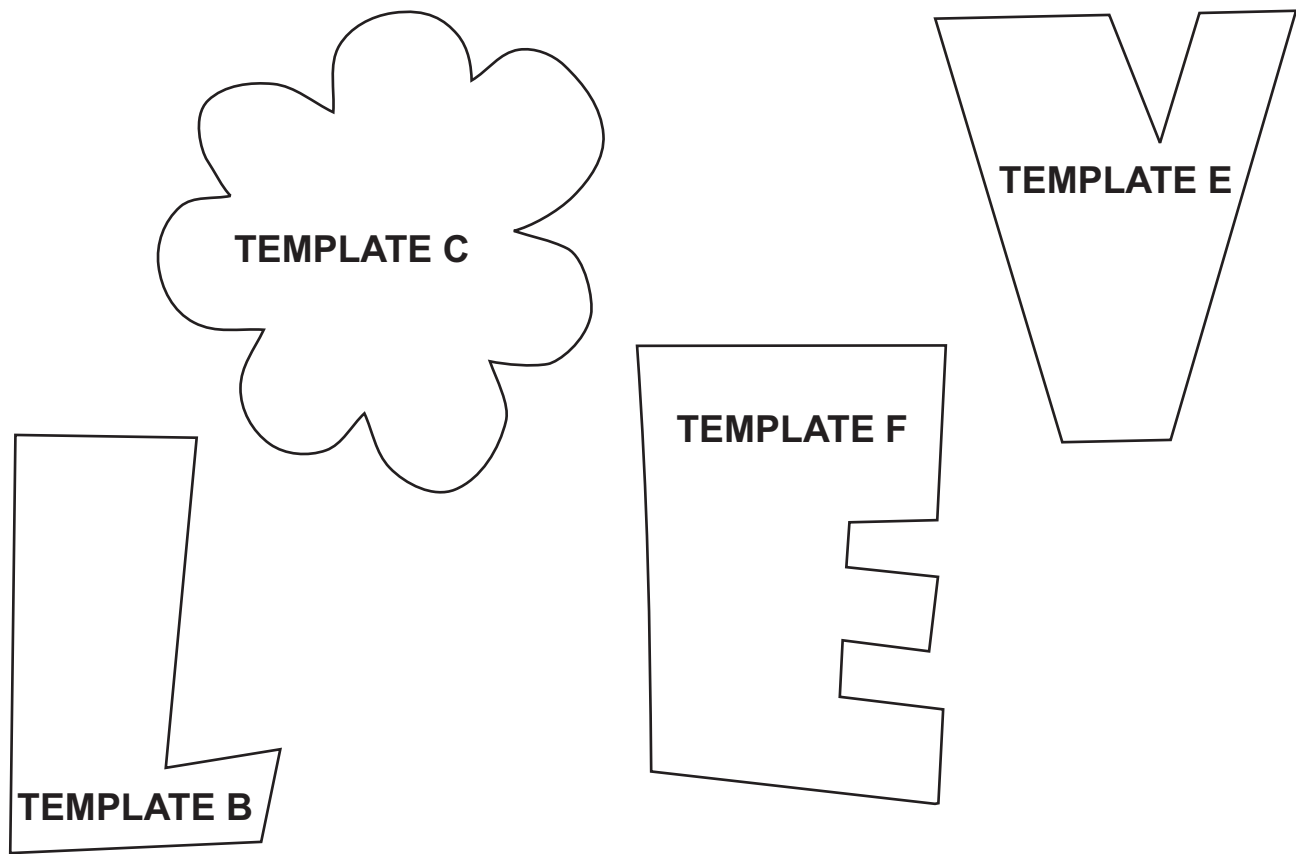
2. L - Cut 1 of Template B. Sew it down using a blanket stitch then do the decorative stitches - Lazy daisy chain stitch running horizontal at the base of the L then running vertical along the length. Add French knots randomly along the lazy daisy chain stitching.
3. Daisy - Cut 1 of Template C & 1 of Template D. Sew Template C down using a blanket stitch. Sew Template D down using a blanket stitch then add French knots in the center.
4. V - Cut 1 of Template E. Sew it down using a blanket stitch then do the decorative stitches - Lazy daisy chain stitch starting as a single chain at the bottom of the letter then branching out into two sections and going about 3/4 of the way up each part of the letter. Add French knots randomly along the lazy daisy chain stitching.
5. E - Cut 1 of Template F. Sew it down using a blanket stitch then do the decorative stitches - Lazy daisy chain stitch running up the vertical section, then go back and add the lazy daisy chain stitch on the "legs" of the letter, running those stitches starting at the vertical stitches you did and working them horizontally outwards from there towards the end of each of the "legs". Add French knots randomly along the lazy daisy chain stitching.

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6. Leaves - Cut 2 of Template G. Sew them down using a blanket stitch, then add a running stitch up the middle of each leaf.
7. Small heart - Cut 1 of Template H. Sew it down using a lazy daisy chain stitch. Follow the same directions for the stitching as in Step 1 but only stitch about $\frac{3}{4}$ of the way up each side. Add French knots randomly along the lazy daisy chain stitching and then fill in along the top edge, where you didn't stitch the lazy daisy stitches, with French knots.
8. Paisley - Cut 1 of Template I. Sew it down using a running stitch then add decorative stitches - Lazy daisy chain stitch fanning out from the small bottom "tail" section into the wider section. Add French knots randomly along the lazy daisy chain stitching.

Trim your block to 12- $\frac{1}{2}$ " x 12- $\frac{1}{2}$ ", if you didn't cut it to size prior to your stitching.

CUT 1 of each



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CUT 1 of each

